

# Information about your hospital admission

This Information Sheet aims to answer all your general questions about your hospital admission at the Fertility Control Clinic for a surgical abortion procedure.

## What time do I come?

We will give you an appointment card which specifies the day and time of your hospital admission. Please present at the Main Reception of the Fertility Control Clinic at 118 Wellington Parade, East Melbourne 3002.

## How long will I have to be in hospital?

The length of time you will spend at the hospital will be approximately 3 - 4 hours and this varies for each patient based on their clinical needs. Once we know that you are well enough to leave, you will be discharged from the hospital to go home.

## Preparing for day surgery

- Before surgery, you must have nothing to eat or drink from midnight before your appointment time (this includes chewing gum). This is very important; otherwise the anaesthetic will be dangerous for you. If you forget, you must tell us.
- Stop smoking at least 12 hours prior to surgery
- If you are currently taking medications, tell your doctor. It is important that your doctor knows what medications you are taking before any surgery.
- If your doctor has approved your medications, and you are due to take them on the day of your surgery, take the medication with only one mouth full of water.
- Shower prior to your arrival. You must not wear make-up or nail polish on the day.

## Important things to consider

- It is important that your doctor knows if you have any allergies or sensitivities
- If you are unable to keep your appointment, please ring us to let us know that you are not coming at least 24 hours earlier (we limit our hospital bookings so we can provide the best possible care to our patients). Please ring us on (03) 9419 2922.

## What to bring with you on the day of your hospital admission

- Medicare card
- Healthcare or Pension card (if you have one)
- Private health insurance card (if you have one) Payment for your hospital procedure (cash, VISA, MasterCard and EFTPOS are accepted). No business or personal cheques are accepted.
- Any medications that you are taking
- Something to read or a crossword book
- Wear loose comfortable clothing and sensible shoes

## What not to bring on the day of your hospital admission

- No valuables e.g. jewellery, large sum of money, computers or other electronic devices. The hospital accepts no responsibility for personal property that is lost, stolen or misplaced.
- We advise you leave young children at home (in consideration of other patients)

## Going home

- Please ensure you have someone to collect and accompany you home after your procedure. You will not be permitted to leave the hospital alone including using public transport or taxi.
- Follow the Post Operative Instructions sheet that we will give you.
- You may need to return for a follow-up appointment, if so, we will give you an appointment card which specifies the day and time of this follow-up.